

This is mostly logistical things that you will need and we need to know from you.

Most importantly, if you plan to attend the retreat and haven't sent in **your deposit of \$500**, please do so as soon as possible. The balance (with upgrade fee if applicable) will be due at the retreat. If you wish to pay the entire fee, of course that is OK as well. Checks are best, we do not accept credit cards.

There is a separate document with imprints of the **star wisdom** we will be working through and with. If you plan to come, this will help you prepare. Please send your birth information - date - time - location (if you haven't previously done so) **to Claudia**. We will be doing some astrological work.

The cost is \$1400 for the 6-day retreat, which includes everything except getting there (carpool if possible). This price is based upon 4 women in each double queen room, as we have done before. These are very spacious rooms. But, maybe less is better, so we have also worked out a very simple plan for upgrades to 2 women in each double queen room. **That fee is \$160**. So, if you want to be in a room with **2 instead of 4**, just add \$160 to your total retreat fee and tell me who you want to room with (if you know) and we will set it up that way. An upgrade **to a single is \$356**.

Our retreat is at Joyful Journey. It has been working out very well and is just the right sort of place for our size & needs. We have great cooks and they will prepare the food for us again. The travel time is about 3.5 hours. Please see their website [Joyful Journey Hot Spring](#) look under location for directions, it's easy to find.

Each room has a bathroom plus there are bathrooms at the spa and the conference center [where we will eat, have our class sessions, Qigong & cosmic dance] both of which we are right next to. Our food will be yummy Vegetarian. Please let us know if you **are allergic** to something, or have **special needs** ASAP. There will be enough to choose from to satisfy everyone's needs.

Check-in on Sun. is 4:00. You can arrive as early as you like, soak, and take in the beautiful views and prepare yourself for our gathering. Just let them know you are in the "Holy Wisdom/ Jarboux Retreat". We will eat about 5:00 and have an opening circle about 6-8 and soak again before bed if we wish, why not!

Check-out on Sat. will be at 10:30/11 and our closing circle will end about 1.

There are a whole range of spa services available, so bring some funds (Credit card is fine) if you wish to partake of these. Pools are open 10-10, plus guests only 9-10 AM.

Their # is 719 256 5742, **Marquita Oliver** is our contact person. Please remember to bring your check books to the retreat to pay your balance or mail it. checks to:

Damaris Jarboux
2730 29th St.
Boulder, Co.
80301

Birth info. to Claudia at <claudialainson@gmail.com>

We sincerely hope you will be joining the group for another immersion into the divine feminine and the healing arts (and waters). We will be working with the current imprint from the stars, exploring new territory and revisiting forms and practices that we can embody further. The 'group field' for the Holy Wisdom Retreats is very strong (& palpable by most) and provides a good container for going deep within, resting deeply, setting imprints, developing tools, improving understanding, receiving deeply and building community. We hope you will be able to join us in February if it is right for you.

Much Love,

Damaris & Claudia